CONGRATULATIONS TO ALL OUR 2013 BAND 6 HIGH ACHIEVERS, THEIR TEACHERS AND PARENTS.
It has been a pleasing start to the year with students quickly getting back into campus routines. I wish to congratulate year 10 students and their Year Advisers, Mr Moxon and Ms Blue who have led the transition from Umina to Woy Woy. The students have settled in well and are already showing the signs of an exceptional year group. The campus has had a number of staffing changes this year with Paul Broadbent promoted to Deputy Principal at Kincumber High School, Marg Robson promoted to Head Teacher Science on the Umina Campus and Kathryn Hazell has transferred to Terrigal High School.

I would like to welcome new staff for 2014:

Sheree Gilchrist  
Head Teacher Administration

Lorraine Hartman  
Science teacher

Elizabeth Telford  
Science teacher

Carmen Perez  
temporary Science teacher

Angela Bain  
English teacher

Heather Brown  
temporary HSIE teacher

Jade Leon  
temporary Maths teacher

We also have the following staff who will be returning as temporary teachers:

Jade Draper  
English

Jay Blue  
Home Science

Samantha Thurtell  
English

Lauren Muller  
PDHPE

Julie Faulds  
Industrial Technology

Liz Elbra  
PDHPE

A couple of reminders:

If you are wishing to take your child out of school for an extended period of time for things like family holidays or medical procedures it is important you notify the campus before the event by applying for Principal's leave. This form can be picked up from the administration office and needs to be returned with a letter explaining circumstance before the event.

Our canteen has always relied on voluntary assistance for it to operate. New volunteers are always welcome and I urge parents, if able to provide assistance to contact the canteen supervisor, Pam Crain to discuss how you could help our students.

Under work, health and safety policy all students must have the correct footwear to be able to undertake practical lessons. If students do not have the correct footwear theory work will be provided for them.

Finally I would like to congratulate the 2013 Year 12 cohort. This group were highly regarded by staff and HSC results were extremely strong with many outstanding individual results. Majority of our students have gained entry to University (51 first round offers), taken up apprenticeships and/or full time work. This is a true reflection of the diverse range of opportunities a college setting can offer.

David Allomes
On Saturday, 8th February, myself and 4 students went to the Seymour Centre in Sydney to watch the best of the best from the 2013 Drama HSC. There was an amazing exhibit of costume, set and poster designs in the foyer and the performances of group projects and individual projects were amazing! Jessica, Natasha, Siobhan and Talia were very inspired (and committed to do an excursion on a weekend!) and Year 12 drama is getting pumped to kick off their group projects in term two! Mrs Draper

On Friday, 14th February two Bushcraft classes went to Climbfit in Sydney. They spent the day tackling obstacles such as the climbing ladders, overhang climbs, chimney climbs as well as a rock climbing treadmill.

The group displayed outstanding enthusiasm and determination towards all of the challenges on the day, and Mr Cobham was approached by the owner of the facility who said he doesn’t usually mention behaviour but was particularly impressed with the group. Well done to all who participated. For anybody interested, visit www.climbfit.com.au for details on how to get there, Photos by Mr Brown.
It was very pleasing to see two students gain Band 6 for their HSC in Visual Arts. Alana Ryan (93) and Lauren McDonald (92), both talented and skilled artists, set their goals high developing and then refining their body of work and also honing their writing skills to achieve what only twelve per cent of the nine thousand two hundred Visual Arts HSC students could achieve; a Band 6 in Visual Arts.

Alana also won a scholarship from Newcastle University and will be studying a Bachelor of Communication and Design there starting this year. She will have her BWSC classmate, Lauren McDonald, once again as a work and study mate because Lauren is also enrolled in the same course. The Bachelor of Communication and Design course is popular with graduating Visual Arts students as it provides a qualification and skills required for the design industry and the advertising industry.

Congratulations to both students and we wish them the best at University this year.
BEST BUDDIES

BEST BUDDIES is a great new program running at BWSC Woy Woy Senior Campus in 2014. During Term 4 2013, 15 students volunteered to train as 'buddies' to support students in our new Year 10. Megan Cox, Kiki Asiago, Josh Sugden, Nathan Searle, Ebanee Butler, Rebecca Dicks, Kylie Chiddy, Mahnee Blundell, Brianna Candy and Shayla Dixon completed the training and are active and inspiring in our BEST BUDDIES team sessions this year.

Each session we meet in the library and our ‘big’ BUDDIES coordinate games and activities that leave us laughing and having fun. We have just finished our second session and the BUDDIES are starting to get to know each other and interact outside the workshops. The Year 11 students are taking on great responsibility as leaders, and it is great to see our BEST BUDDIES team enjoying themselves as they get to know each other.

If you are interested in the BEST BUDDIES program, please see Ms Tesch.

BAND 6 ASSEMBLY

Dux 2013 - Maddison Quail-Gates
ATAR 97.3

The following students achieved band 6 or the equivalent E4 in Extension

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<thead>
<tr>
<th>STUDENT</th>
<th>SUBJECT</th>
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<tbody>
<tr>
<td>Angela Heathcote</td>
<td>Ancient History</td>
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<tr>
<td>Maddison Quail-Gates</td>
<td>Ancient History</td>
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<td>Maddison Quail-Gates</td>
<td>English Advanced</td>
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<td>Maddison Quail-Gates</td>
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<td>Maddison Quail-Gates</td>
<td>English Extension 2</td>
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<tr>
<td>Luke Coleman</td>
<td>Biology</td>
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<tr>
<td>Luke Coleman</td>
<td>Maths 2 unit</td>
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<tr>
<td>Michael Ryan</td>
<td>Biology</td>
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<tr>
<td>Michael Ryan</td>
<td>Chemistry</td>
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<td>Michael Ryan</td>
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<tr>
<td>Michael Ryan</td>
<td>Maths Ext 1</td>
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<tr>
<td>Liam Flanagan</td>
<td>Engineering Studies</td>
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<td>Liam Flanagan</td>
<td>Maths Ext 1</td>
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<td>Liam Flanagan</td>
<td>Mathematics</td>
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<td>Aleisha Ford</td>
<td>Legal Studies</td>
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<td>Aleisha Ford</td>
<td>PDHPE</td>
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<td>Lauren McDonald</td>
<td>Visual Arts</td>
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<td>Alana Ryan</td>
<td>Visual Arts</td>
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The following students were awarded a College Blue for achieving 2 or more Band 6 results.
Maddison Quail-Gates, Luke Coleman, Michael Ryan, Liam Flanagan and Aleisha Ford
Welcome to BWSC if you are new to the school. We are preparing for a great year, with lots of interesting courses and support for your children. First - a few reminders:

Period one is at 8.30 - lateness requires a note and straight to class. Persistent lateness will incur a detention. Arrival after Period 1 signs in at the office. ROLL CALL IS AT 10.30 and is compulsory. Absence will result in being marked absent for the day. Early leavers passes require a time, reason and phone number to be called if necessary. Notes to be taken to the Welfare office before school, or recess at the latest. Absence will require a note, either brought in, on our Facebook app, emailed or a phone call. We ask for your assistance in sending notes to reduce truancy from school.

Each newsletter will have some helpful hints from some great people - this one from Nathan Hull

Teen Behaviour Expert | Motivational Speaker | Peak Performance Coach

www.NathanHulls.com

Talking to our kids - Extraordinary things people say to their kids

These 5 things are extremely simple, but so extraordinarily powerful in the setting of supporting and nurturing your children as they grow. If you want to make a huge difference in your young persons world and equip and empower them to become all that they can be, use these every day:

1. “Here’s what I’m thinking”
   You’re in charge, but that doesn’t mean you’re more important or more powerful than everyone else. Back up your statements and decisions. Give reasons. Justify with logic, not with position or authority.

2. “I was wrong”
   Believe it or not, as a parent it’s not your job to be ‘right’ all the time. If you’re strong enough to admit when you’re wrong your young person will learn to do the same.

3. “That was awesome”
   Praise is unfortunately one of the last things on our minds/lips when it comes to young people. Growing up one of the most words a child hears more than any other is the word ‘No!’ Make it a habit to praise your kids even for the smallest of things and even when reprimanding or correcting them, get used to using the sandwich technique:

4. “Please” and “Thank-You”
   It may sound obvious but it’s amazing how many young people I work with who just don’t have simple manners down and the only answer for this again comes back to modeling. Your children are not your slaves, and they’re not an exception to the rule. Every time you ask your child to do something for you – whether its part of their obligatory chores or not – say ‘PLEASE’. When they complete the task – say ‘THANK-YOU’ AND then praise them (point 3), even on days when you are tired, or they have been uncooperative. Manners SHOULD be NON-NEGOTIABLE.

5. “Can you help me?”
   There are two reasons for saying this to your children
   1. By including your children in solving a problem or completing a task you cannot do on your own, you’re showing them that we can’t do life on our own. We all require the assistance of people around and life goes better when you work in collaboration with others.
   2. It’s okay to ask for help. As the trusted adult in their life they look up to you, they see you as the ‘All Knowing, All Powerful, Giver of Life’. So for them to hear you say that you also need help - that you can’t do everything on your own will give them permission to do the same.

中央视觉

中央视觉（ACentral Vision）

位于新南威尔士州悉尼地区，这是一家专注于视觉艺术的教育和社区机构。他们提供各种视觉艺术课程，并与Gosford Regional Gallery合作，举办艺术展览和工作坊。如果你对视觉艺术感兴趣，可以选择参加他们的课程或活动，体验不同的艺术形式和创作方法。